

THE PROFESSIONAL

Intuitive Healing

PROGRAM



HOW TO CLEAR CURSE ENERGY DIY

CLEARING CURSE ENERGY

You can use this process to clear curse energy for yourself.

Before proceeding, please read these articles to get an idea of what curse energy is and how it affects us:

- [Are Curses Real?](#)
- [Curses & Psychic Scams](#)

STEP ONE - Call in a Divine being of your choice:

- For this step, you either need to bring in either an Ascended Master or an Archangel. I usually work with Archangel Michael but you can find other possible Divine beings to call on [here](#). You're going to take a moment to bring in the Divine being now and create a sacred space for the healing:
- Go within and see how you feel. Try to put a word on it.
- Say **Archangel Michael** (or whichever Divine Being you have chosen), **please be present and in charge of this healing session.**
- Do the following breathing exercise: inhale to the count of four, hold to the count of four and exhale to the count of eight. Do this a total of three times.
- Go within and see if you can put a word on what you are feeling. You might notice a little difference now that you have called in the Divine Being, or you may not! (Either way is fine).

STEP TWO - Create a sacred space for the healing:

- Ask for violet flames and gold and silver light for the room you are in. The violet flames are a receptacle for cleared negative energies and the gold and silver light is to protect the space:

Archangel Michael (or the Divine being you called in for this), **please place violet flames, one in every corner of the room I'm in. Also please place violet flames in the centre of this room. This is to clean up any stale or negative energy.**



Next, please place gold and silver light around the edges of the room I'm in. This is to seal the energy in this place so that only energies of the highest vibration may enter.

STEP THREE - Clearing the curse

Next, say the following out loud:

Archangel Michael (or whichever Divine being you chose for this session), please remove from my auric field any and all curses or anger spears that have been made against me and that interfere with my well-being, health, happiness and prosperity in this world. Please release me from all negative emotions and psychological patterns associated with receiving this curse energy.

Please replace this negative energy with the energies of love, light, truth and power.

Please locate any underlying negative thought forms in me which support the receiving of curse & anger energy and contribute to any susceptibility I may have to this type of negative energy. Please remove those now and cleanse everything.

Please replace these with a new set of positive thought forms that have elements of love, personal power, truth, balance and trust.

I call upon Archangel Michael to dissolve all psychic ties which exist between me and any sources of curse energy. Please dissolve these with a beam of gold light, in every dimension, through time and space. Please fill me with new love, truth, light and power. Thank you Archangel Michael (or the Divine being you chose for this session).

Note: This process has been created as part of Anna Sayce's [Professional Intuitive Healing Program](#). Practitioners have permission to send this process to people by email. This document is copyrighted and is meant only for your personal use. Please do not post it online, distribute it or resell it.